#### What We Do

In partnership with Bison Strides, (NDSU) We offer physical and occupational therapy services using equine movement (also known as hippotherapy).

Beyond Boundaries therapists use evidence-based practices and clinical reasoning to purposely manipulate the movement of the horse to engage the client's sensory, neuromotor and cognitive systems to achieve functional outcomes (American Hippotherapy Association, 2020).

### Requirements

Clients must be at least 2 years old and have no contraindications for mounted equine movement.





Individuals interested in registering for physical or occupational therapy incorporating horses should contact Katie at Beyond Boundaries:

701.356.0062 or email katie@beyondboundaries.us beyondboundaries.us



Scholarships available through the House of Everyday Learning.

Contact Laura

701.356.0062

houseofeverydaylearning.com



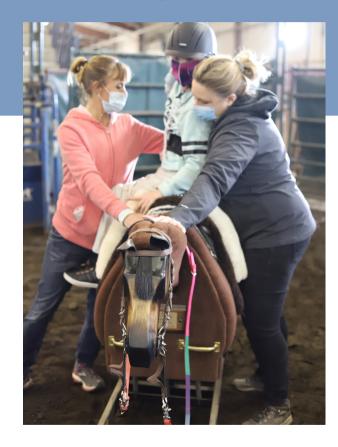
Therapy
-with the use of-Equine Movement

### Special Equipment

Meet "Spirit"!

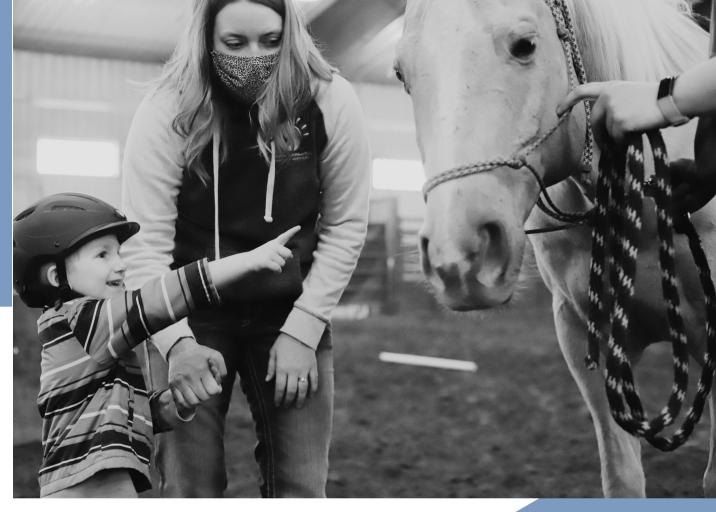
Spirit is an equisizer- he mimicks the horse's movement for those participants that are fearful or apprehensive about the actual equine.

Spirit can also be used for warmups for facilitating muscle movement and getting the body ready to actually participate during mounted activities.





Bison Strides is accredited by the Professional Association of Therapeutic Horsemanship International (PATH Intl.) and is currently the only PATH Intl. Premier Accredited Center in the state of North Dakota. Just 31% of the 880 PATH Intl. centers have earned this status. Bison Strides offers spring, summer and fall sessions for individuals with physical, cognitive, emotional, behavioral or mental health challenges at the NDSU Equine Center, 5140 19th Ave N, Fargo.



# What to Expect

- Howdy
- Warmups
- Mounted Activity (approximately 30 minutes)
- Cool down activity

# Your Team

- Occupational Therapist
- Physical Therapist
- Horse Handler
- Volunteers
- Side Walkers
- Equine Specialist